

HEalth Advocate for Liver Transplantation: Improving Transition of Care for Adolescent Liver Transplant Recipients

NCT06386198

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of California, San Francisco
Enrollment	20 participants

Plain Language Summary

This study tests a Health Advocate program to help young liver transplant recipients (ages 18–25) transition smoothly from a children's hospital to an adult transplant team. Participants receive support addressing social needs like food insecurity and help staying engaged in their care.

****You may be eligible if...****

- You received a liver transplant more than 1 year ago
- You are between 18 and 25 years old
- You will be transferring to an adult transplant team within 6 months
- You have an unmet social need (like food insecurity) or a high medical vulnerability score
- You read and write English or Spanish
- You have a phone or tablet that can do video calls via Zoom

****You may NOT be eligible if...****

- You have significant cognitive impairment
- You are outside the 18–25 age range
- You are a ward of the state
- You do not speak English or Spanish
- You live outside the US

Talk to your doctor to see if this trial is right for you.

Key Eligibility Criteria

Inclusion (7)

- Patient has received a liver transplant >1 year ago
- Study team has screened patient and discussed with the primary transplant practitioner that patient may benefit from the Health Advocate program.
- Patient has an unmet social risk (e.g., food insecurity) or MLVI ≥ 2.0 .
- Patient will be transferred to adult transplant team in <6 months.
- Patient can read and write English or Spanish
- ... and 2 more (see full listing online)

Exclusion (5)

- Patient has significant cognitive impairment.
- Does not meet age criteria
- Patient is a ward of the state.
- Non-English, non-Spanish speakers.
- Non-US residents

<https://clinicaltrials.gov/study/NCT06386198>

DISCLAIMER: This document is for informational purposes only and does not constitute medical advice. Always consult your healthcare provider before enrolling in any clinical trial. Information may not be up to date — verify details at [ClinicalTrials.gov](https://clinicaltrials.gov). Generated by [ClinicalTrialsFinder.org](https://clinicaltrialsfinder.org).

Locations (2 total)

Children's Healthcare of Atlanta, Atlanta, Georgia, United States

University of California San Francisco, San Francisco, California, United States