

# Internet-Delivered Pain Self-Management for Persons With Acute Recurrent and Chronic Pancreatitis Pain

NCT06386224

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Seattle Children's Hospital
Enrollment	280 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Age ≥ 18 years
- Willingness to use personal device with internet access (smart phone, computer, iPad) or to borrow a study iPad/hotspot
- Diagnosis of CP defined as having obvious morphological features of CP (i.e., Cambridge 3-4 stage or the presence of pancreatic calcifications on CT scan and/or magnetic resonance cholangiopancreatography)
- Diagnosis of RAP defined as having abdominal pain of a duration of  $\geq 3$  months, one episode of acute pancreatitis (AP), or RAP.
- Having experienced moderate pain intensity (rated as 4 or higher on a 0-10 Numerical Rating Scale) in the last month from RAP or CP.

### Exclusion (5)

- Undergoing treatment for cancer
- Unable to read English well enough to complete questionnaires or read the study website
- Currently experiencing suicidal ideation
- Having received endoscopic therapy in the past 30 days
- Currently receiving treatment from a psychologist ( $\geq 4$  sessions)

## Locations (1 total)

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Seattle Children's Hospital, Seattle, Washington, United States