

Low Systemic/High Local Exercise Load in Peds SCD

NCT06387758

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Mississippi Medical Center
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (3)

- youth 12 to 17 years old
- diagnosed with SCD genotype SS, SC, beta-plus thalassemia, or beta-zero thalassemia
- has daily access to an Internet enabled device (e.g., smart phone, iPad) A parent (e21 years old) will also be recruited for each youth participant.

Exclusion (3)

- non-English speaking due to lack of available written translation services for informed consent and questionnaires
- cognitive impairment (e.g., moderate to profound intellectual disability) that precludes study completion
- medical condition (e.g., hypertension, bone fracture) that precludes completing exercise safely (determined by study medical director Dr. McNaul).

Locations (1 total)

University of Mississippi Medical Center, Jackson, Mississippi, United States