

# Effectiveness of a Rehabilitation Exercise Plan at Home to Treat Post-stroke Patients in the Chronic Phase

NCT06392802

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitat Politècnica de Catalunya
Enrollment	50 participants

## Key Eligibility Criteria

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### Inclusion (9)

- Age: between 18 and 85 years old.
- Stroke duration of more than six months + Discharge from post-stroke rehabilitation.
- Moderate physical disability: scoring between 1-3 on the Modified Rankin Scale.
- Standing: able to stand safely for 2 minutes without support (maximum score -4- on item 2 of the Berg Scale).
- Vision: capable of correctly visualizing a screen at a distance of 2 meters.

... and 4 more (see full listing online)

### Exclusion (5)

- Engaging in intense physical therapies.
- Severe aphasia: inability or difficulty communicating through speech.
- Cognitive impairments affecting short and mid-term memory.
- Vision: having visual deficits in either eye that may impair screen visualization.
- Vision: experiencing hemispatial neglect, meaning difficulty processing stimuli on the side opposite to the injury.

## Locations (2 total)

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Associació Disminuïts Físics d'Osona, Vic, Barcelona, Spain  
Universitat Politècnica de Catalunya, Barcelona, Spain