

Assessment of Fall Risks and Subject-specific Training for Fall Reduction

NCT06396650

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Maryland, Baltimore
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (6)

- Age 60 to 85 years old
- Have a family member at home for safety.
- There is no severe injury or pain at the lower extremities.
- With one or more falls in the past 12 months or walk with instability
- Individuals who are taking medication, there should be no planned medication changes for the study duration of 3.5 months.
- ... and 1 more (see full listing online)

Exclusion (5)

- Enrollment in another lower limb rehabilitation program;
- severe pain in the lower limbs;
- previous myocardial infarction
- Body weight over 280 lbs
- Cognitive impairment (Mini-Mental Status Examination (MMSE) score less than 25)

Locations (1 total)

University of Maryland Baltimore, Baltimore, Maryland, United States