

Surgical Prehabilitation on Autonomic Nervous System (TUNE)

NCT06398301

Status	RECRUITING
Phase	Not Applicable
Sponsor	Università Vita-Salute San Raffaele
Enrollment	100 participants

Key Eligibility Criteria

Inclusion (3)

- Patients scheduled to undergo major thoracic surgery including lobectomy, bilobectomy, anatomical segmentectomy, and pneumonectomy with general anesthesia;
- Patients e18 years of age at the time of randomization;
- Patients who provide written informed consent to participate.

Exclusion (7)

- New York Heart Association classes 3-4;
- End-stage organ dysfunction;
- American Society of Anesthesiologists physical status classes 4-5;
- Disabling orthopedic, neuromuscular, and psychiatric diseases;
- Other medical conditions that preclude safe training.

... and 2 more (see full listing online)

Locations (2 total)

IRCCS San Raffaele Scientific Institute, Milan, Italy
Università degli studi di Verona, Verona, Italy