

# ENhancing Exercise with LIGHT to Improve Functioning in PAD

NCT06399900

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Northwestern University
Enrollment	32 participants

## Key Eligibility Criteria

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### Inclusion (4)

- First, all participants will be age 50 and older. Second, all participants will have PAD. PAD will be defined as:
- An ABI  $\leq 0.90$  at baseline.
- Vascular lab evidence of PAD (such as a toe brachial pressure  $< 0.70$  or an ankle brachial index less than or equal to 0.90), or angiographic evidence of PAD defined as at least 70% stenosis of an artery supplying the lower extremities.
- An ABI of  $>0.90$  and  $\leq 1.00$  who experience a 20% or greater drop in ABI in either leg after the heel-rise test.

### Exclusion (18)

- Above- or below-knee amputation
- Critical limb ischemia defined as an ABI  $<0.30$  or  $<0.40$  with symptoms of rest pain
- Wheelchair confinement or requiring a walker to ambulate
- Walking is limited by a symptom other than PAD
- Current foot ulcer on bottom of foot
- ... and 13 more (see full listing online)

## Locations (1 total)

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Northwestern University, Chicago, Illinois, United States