

Prehabilitation in Oncological Patients Undergoing Major Gastrointestinal Surgery (PROGRESS)

NCT06404489

Status	RECRUITING
Phase	Not Applicable
Sponsor	Università Vita-Salute San Raffaele
Enrollment	400 participants

Key Eligibility Criteria

Inclusion (2)

- All adult patients (age \geq 18 years) scheduled for elective gastrointestinal surgery for cancer.
- Signed informed consent

Exclusion (8)

- Co-morbid medical, physical, and mental conditions interfering with the ability to complete study procedures, such as:
- acute or unstable cardio-respiratory conditions (e.g., unstable angina or symptomatic severe aortic stenosis)
- severe/end-stage organ diseases (e.g., cardiac failure NYHA functional classes III-IV, COPD FEV1 $<$ 50% pred, end-stage kidney or liver disease);
- American Society of Anesthesiologists (ASA) physical status classes 4-5.
- disabling orthopedic and neuromuscular disease.

... and 3 more (see full listing online)

Locations (2 total)

Azienda Ospedaliera Universitaria, Cagliari, Sardinia, Italy
IRCCS San Raffaele Scientific Institute, Milan, Italy