

# A Group Intervention for Promoting Health-related Habits (LEV-G)

NCT06404632

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	Region Stockholm
<b>Enrollment</b>	30 participants

## Key Eligibility Criteria

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### Inclusion (1)

- both adults with and without disabilities recruited from different healthcare contexts.

### Exclusion (3)

- Intellectual disability of the degree where the participant is not able to follow the protocol in Lev.
- Insufficient command of the Swedish language/ unable to understand the content.
- Severe psychiatric comorbidity that makes participation difficult (e.g. severe depression, severe suicidality, severe anxiety, ongoing psychosis, manic episode), other circumstances that could make participation hard (e.g. homelessness).

## Locations (1 total)

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Region Stockholm, Stockholm, Stockholm, Sweden, Sweden