

A Randomized Controlled Trial Comparing Fat-free Versus Balanced (WHO) Diet in Gallstone Disease

NCT06405906

Status	RECRUITING
Phase	Not Applicable
Sponsor	University Hospital of Crete
Enrollment	242 participants

Key Eligibility Criteria

Inclusion (6)

- years old or older
 - presenting with biliary colic in the ED or outpatient clinic, with the surgical team deciding to proceed with non-operative treatment (Group 1)
 - presenting with acute calculous cholecystitis in the ED, with the surgical team deciding to proceed with non-operative management (Group 2)
 - years old or older
 - undergoing uncomplicated cholecystectomy (open or laparoscopic without bile duct exploration) due to a history of biliary colic (Group 1)
- ... and 1 more (see full listing online)

Exclusion (18)

- history of gastrointestinal disease which might affect diet, e.g., inflammatory bowel disease, irritable bowel syndrome, short bowel syndrome
 - inability to provide informed consent
 - unwillingness to adhere to the recommended diet
 - food allergies or intolerances that would prevent following the diet
 - dietary habits (e.g., vegetarians, vegans) that preclude adherence to the recommended diet
- ... and 13 more (see full listing online)

Locations (1 total)

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