

Effectiveness of Instrument Assisted Soft Tissue Mobilization in Management of Piriformis Syndrome

NCT06406023

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	38 participants

Key Eligibility Criteria

Inclusion (7)

- Diagnosed patients of Piriformis syndrome.
- Only females will be included in this study.
- Participants aged 30-65 years.
- Pain due to non-discogenic sciatic nerve entrapment in sub gluteal space.
- Pain aggravated by prolonged sitting, lying, standing.

... and 2 more (see full listing online)

Exclusion (5)

- Patients with any Intrinsic Etiology such as Haemarthrosis, rheumatoid arthritis or infection.
- Patients with any recent severe trauma, fractures, subluxation or ligament injury.
- Malignancy, Open wound Fracture, DVT, Compartment syndrome, Pregnancy.
- Patients with irreversible nerve damage.
- Patients with lumbar disc herniation or any disc pathology.

Locations (1 total)

Railway General Hospital, Rawalpindi, Punjab Province, Pakistan