

# Evaluating the Efficacy of a Mobile Application in Postoperative Rehabilitation

NCT06407427

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Yale University
Enrollment	100 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Provision of signed and dated informed consent form
- Stated willingness to comply with all study procedures and availability for the duration of the study
- English reading/speaking
- Are status post low-energy hip fracture, total knee/hip arthroplasty, or single to multilevel spinal fusion without paralysis
- Must be able bodied enough to participate in a mobile app tool for physical therapy

... and 1 more (see full listing online)

### Exclusion (17)

- Severe cognitive impairment: Not alert and oriented to person, place, time, and reason for being the hospital; and unable to follow 2 step commands
- Severe physical impairment:
- Neurologic paralysis
- Polytraumas with restrictions incompatible with anti-gravity exercises
- Knee immobilization, bed rest

... and 12 more (see full listing online)

## Locations (1 total)

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Yale New Haven Hospital Saint Raphael's Campus, New Haven, Connecticut, United States