

Digital Dyadic Family Based Intervention to Improve Sleep in Children with ODD and Their Parents: NiteCAPP SINCC (Pilot)

NCT06410495

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of South Florida
Enrollment	30 participants

Key Eligibility Criteria

Inclusion (6)

- Child ages 8-17 with ODD (prior diagnosis) and insomnia
- Child and parent English proficiency.
- Insomnia:
 - complaints of difficulties falling asleep, staying asleep, or early morning awakening by child report or parent observation for 3+ mos
 - daytime dysfunction (mood, cognitive, social, academic) due to insomnia
- ... and 1 more (see full listing online)

Exclusion (9)

- Parent unable to provide informed consent or child unable to provide assent
- Family unwilling to accept random assignment
- Child/parent participation in another randomized research project
- Parent unable to complete forms or implement treatment procedures due to cognitive impairment
- Child untreated medical comorbidity, including other sleep disorders (e.g., apnea, epilepsy, psychotic disorders, suicidal ideation/intent, \[frequent\] parasomnias)
- ... and 4 more (see full listing online)

Locations (1 total)

University of South Florida, Tampa, Florida, United States