

Training for Urinary Leakage Improvement After Pregnancy

NCT06411158

Status	RECRUITING
Phase	Not Applicable
Sponsor	NICHD Pelvic Floor Disorders Network
Enrollment	216 participants

Key Eligibility Criteria

Inclusion (6)

- e190 primiparous patient s/p singleton vaginal delivery (>32 weeks), approximately 6wk postpartum
 - At increased risk of sustained pelvic floor disorders, as defined by
 - neonate e3.5kg, and/or
 - operative delivery (i.e., forceps or vacuum-assisted vaginal delivery), and/or
 - e2d-degree perineal laceration
- ... and 1 more (see full listing online)

Exclusion (7)

- Inability to complete study assessments or procedures, per clinician judgment, or not available for 6mo postpartum follow-up
 - Stillbirth or significant maternal or neonatal illness
 - Non-English or non-Spanish speaking
 - Perineal wound breakdown or cloaca observed on exam
 - Severe pain with assessments of PFM integrity and/or strength/function
- ... and 2 more (see full listing online)

Locations (7 total)

Kaiser Permanente -- San Diego, San Diego, California, United States
University of California - San Diego, San Diego, California, United States
University of Chicago, Chicago, Illinois, United States
... and 4 more locations