

Surgical Versus Non-surgical Treatment of Displaced Proximal Humerus Fracture in Adults Aged 50 to 65 Years

NCT06416618

Status	RECRUITING
Phase	Not Applicable
Sponsor	Zealand University Hospital
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (2)

- Patients aged between 50 and 65 years with a displaced PHF assessed to be constructible by the treating surgeon after a low-energy trauma will be considered for eligibility.
- Patients should be cognitively capable of answering the follow-up questionnaires.

Exclusion (8)

- The patient does not understand written and spoken native language (Danish or Finnish/Swedish)
- Inability to give informed consent
- Fractures assessed to be unreconstructedly by the treating surgeon
- Isolated tuberosity fracture, fracture dislocations, open fractures, and fractures with involvement of the articular surface
- Less than 25% contact between head fragment and metaphysis/diaphysis measured at two perpendicular radiographs at two weeks.

... and 3 more (see full listing online)

Locations (2 total)

Centre for Evidence-Based Orthopaedics, Zealand University Hospital, Køge, Region Sjælland, Denmark
Tampere University Hospital, Tampere, Finland