

Combining Chinese Medicine and Nutrition to Enhance Weight Loss After Bariatric Surgery

NCT06419764

Status	RECRUITING
Phase	Not Applicable
Sponsor	China-Japan Friendship Hospital
Enrollment	120 participants

Key Eligibility Criteria

Inclusion (3)

- BMI \geq 27.5 kg/m²;
- Undergoing metabolic bariatric surgery;
- Traditional Chinese Medicine syndrome differentiation classified as Spleen Deficiency and Excess Dampness syndrome.

Exclusion (5)

- Contraindications for metabolic bariatric surgery;
- Type 1 diabetes;
- Complicated by other significant systemic diseases, such as severe liver and kidney diseases, malignant tumors, psychiatric disorders, etc;
- Concurrent use of other medications or treatments that may affect body weight, such as metformin, semaglutide, endoscopic interventions, etc;
- Pregnant or lactating women.

Locations (1 total)

China-Japan Friendship Hospital, Beijing, China