

# Blood Flow Restriction Training in Basketball Players

NCT06420362

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Biruni University
Enrollment	10 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Being between the ages of 18-25,
- Having been attending training regularly for at least one year,
- Having been playing basketball as a licensed player for at least 3 months,
- Male athletes,
- Volunteering to participate in the study

### Exclusion (5)

- Individuals with orthopedic or neurological disabilities that may prevent the exercise test,
- Individuals who have had a sports injury in the last 6 months,
- Not actively participating in training,
- Taking a break from sports
- Individuals with inadequate cooperation

## Locations (1 total)

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Biruni University, Istanbul, Turkey (Türkiye)