

Controlled Active Motion vs Early Passive Mobilization for Flexor Tendons Repair

NCT06420648

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Hail
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (4)

- males or females
- between 25-50 years
- Post-surgical repair of the flexor digitorum profundus (FDP) and superficialis (FDS) tendons of a single-digit
- the case should be recent (2-3 days post-surgical)

Exclusion (5)

- age below 25 or above 50
- a systemic disease affecting hand joints such as rheumatic arthritis
- thumb flexor tendon repair will be excluded
- chronic cases
- concurrent injuries such as phalangeal fractures, joint injuries, or significant skin loss

Locations (2 total)

Hail University Poly Clinic, Hail, Saudi Arabia
Hisham Hussein, Hail, Saudi Arabia