

Microbiota, Metabolome and Nutrition: an 'Artificially Intelligent' Way to Personalized Nutrition

NCT06420843

Status	RECRUITING
Phase	Not Applicable
Sponsor	Istituto Clinico Humanitas
Enrollment	48 participants

Key Eligibility Criteria

Inclusion (6)

- Patients of both sex and any race
- Age ≥ 18 and ≤ 70 .
- IBS confirmed by Rome IV diagnostic criteria
- Willing to adhere to the proposed diet
- Provision of written informed consent
- ... and 1 more (see full listing online)

Exclusion (8)

- Patient age < 18 and > 70
- Diabetes (Type 1 or 2)
- Subjects who have used probiotic, antibiotic, lactic ferment or pump inhibitors within 15 days prior to screening.
- Pregnant or planning to become pregnant or is lactating.
- History of HIV or hepatitis B or C
- ... and 3 more (see full listing online)

Locations (1 total)

Endoscopy Unit, Gastroenterology Department, Humanitas Research Hospital, Rozzano, Milano, Italy