

Empowering New Mothers: Exploring the Effect of Breastfeeding Health Educational Program on Practices and Feeding Self-Efficacy of Primigravida in Saudi Arabia

NCT06423534

Status	RECRUITING
Phase	Not Applicable
Sponsor	Alexandria University
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (4)

- Primigravida mothers who regularly visit maternity hospitals at Hail and Bisha City.
- Primigravida mothers during last three trimester and 1 month after delivery
- No problems during pregnant and have a healthy baby
- Primigravida mothers who are not contraindicated to breastfeeding

Exclusion (1)

- Multigravida mothers and pregnant women during first and second trimester

Locations (1 total)

Faculty of Nursing, Hail university, Hail, Saudi Arabia