

Preference of Women With Fibromyalgia Undergoing a Three Different Volumes of Resistance Training

NCT06424743

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidade Federal do Rio Grande do Norte
Enrollment	36 participants

Key Eligibility Criteria

Inclusion (2)

- Women aged 18 to 65
- Have a diagnosis of fibromyalgia according to the ACR 2016 criteria

Exclusion (5)

- Have performed resistance training in the last 6 months
- Having another associated rheumatic condition
- Have a trip or appointment scheduled that requires absence for the next 4 (four) weeks from the start of the survey;
- Women with musculoskeletal injuries in the upper and/or lower limbs
- Have heart problems that prevent maximal efforts and submaximums

Locations (1 total)

Marcelo Cardoso de Souza, Natal, Rio Grande do Norte, Brazil