

Fish Oil, Metformin and Heart Health in PCOS

NCT06424860

Status	RECRUITING
Phase	Phase 1
Sponsor	University of Alberta
Enrollment	146 participants

Key Eligibility Criteria

Inclusion (5)

- diagnosis of PCOS
- overweight-obese (BMI \geq 25 kg/m²)
- elevated fasting plasma TG (\geq 150 mg/dL)
- and/or apoB48-remnant cholesterol lipoproteins (\geq 20 ug/ml)
- impaired insulin sensitivity (glucose 100-125 mg/dL and/or insulin \geq 15 (uM/ml), and may be diagnosed with T2D (blood glucose \geq 126 mg/dL).

Exclusion (1)

- pregnancy, lactation

Locations (3 total)

Human Nutrition Research Unit - Li Ka Shing Health Research Center, Edmonton, Alberta, Canada
Mazankowski Alberta Heart Institute, Edmonton, Alberta, Canada
University of Alberta Hospital - Division of Endocrinology, Edmonton, Alberta, Canada