

# Understanding the Efficacy of Dietary Supplement on Fungal Mycobiota in Healthy Volunteers: A Pilot Study

NCT06433310

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Status	RECRUITING
Phase	Phase 4
Sponsor	Weill Medical College of Cornell University
Enrollment	20 participants

## Key Eligibility Criteria

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### Inclusion (1)

- Male or female adults over the age of 18 years

### Exclusion (6)

- History of a diagnosis of any gastrointestinal condition, such as inflammatory bowel syndrome or disease
- Antibiotic usage within the past two weeks
- Antifungal usage within the past month
- Allergy to L-Phenylalanine or individuals with phenylketonuria (PKU)
- Adults taking medications known to interact with L-phenylalanine supplements, such as Monoamine Oxidase Inhibitors (MOAI), L-DOPA, and some antipsychotic drugs (complete and extensive drug list will be provided to interested participants during screening)

... and 1 more (see full listing online)

## Locations (1 total)

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Belfer Research Building, New York, New York, United States