

Comparison of Effectiveness Between Active Release Technique and Hold Relax Technique in Patients With Piriformis Syndrome

NCT06437327

Status	RECRUITING
Phase	Not Applicable
Sponsor	Foundation University Islamabad
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (4)

- Gender: Both male and female
- Individuals aged 25-55 years
- Tenderness to palpation over sciatic foramen
- Positive FAIR Test.

Exclusion (4)

- History of hip, pelvic, or Femoral fractures.
- Malignancies.
- Avascular necrosis of Femoral head.
- Inflammatory conditions (e.g. Rheumatoid Arthritis)

Locations (1 total)

Foundation University College of Physical Therapy, Rawalpindi, Punjab Province, Pakistan