

Client-Centered Breastfeeding Support: Effects on Primipara Mothers in a Randomized Trial Breastfeeding Self-Efficacy, Attitudes, and Problems in Primiparous Mothers: A Randomized Controlled Trial

NCT06446362

Status	RECRUITING
Phase	Not Applicable
Sponsor	Pamukkale University
Enrollment	45 participants

Key Eligibility Criteria

Inclusion (5)

- Primiparous mothers
- Gestational age between 32-40 weeks
- Ability to communicate effectively
- Ownership of a smartphone
- Minimum education level: primary school graduate

Exclusion (3)

- Infants with health issues
- Mothers with medical or pregnancy-related complications that hinder breastfeeding (e.g., heart disease, cancer, nephritis, active or untreated tuberculosis, HIV/AIDS, active herpes lesions on the breast, severe malnutrition)
- Participants undergoing infertility treatment with IVF

Locations (1 total)

Pamukkale University Family Health Center, Denizli, Pamukkale, Turkey (Türkiye)