

The BEGIN Study Bifidobacterium Infantis to Newborns: Effects of Modulating the Gut Microbial Composition on Growth, Immune Function and Inflammatory Conditions - a Randomized Placebo-controlled Double-blinded Intervention Trial

NCT06452199

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Aarhus
Enrollment	1,000 participants

Key Eligibility Criteria

Inclusion (5)

- Infants born at term (above gestational week 37)
- Infants born in Region Midtjylland Denmark receiving a Danish CPR number.
- Parents age is above 18
- At least one parent holds a smartphone (for study app) and is able to fill out Danish questionnaires
- Both legal parents are willing and able to provide written informed consent prior to participation, regarding both themselves and their future child.

Exclusion (3)

- Multiple pregnancy
- Child diagnosed with immune deficiency, renal, gastrointestinal, hepatic, or endocrine diseases
- Parents expecting to give other probiotics

Locations (2 total)

Regional Hospital Gødstrup, Herning, Central Jutland, Denmark
Regional Hospital Horsens, Horsens, Central Jutland, Denmark