

Effect of Cervical Exercise Combined With Nerve Mobilization on Cervical Spondylotic Radiculopathy

NCT06453798

Status	RECRUITING
Phase	Not Applicable
Sponsor	Quanzheng Chen
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (7)

- Meet the diagnostic criteria of CSR and have no other complications;
- Age 18-65 years old, gender unlimited;
- No other treatment for cervical spondylosis in the last 1 month;
- No previous surgical treatment for cervical spondylosis;
- Good compliance;
- ... and 2 more (see full listing online)

Exclusion (7)

- does not meet the diagnostic criteria;
- Women during pregnancy;
- severe stenosis of the foramen;
- osteoporosis combined with spinal cord tumor, osteomyelitis;
- infectious diseases, skin defects, allergies;
- ... and 2 more (see full listing online)

Locations (1 total)

Lingshan County second People's Hospital, Qinzhou, Guangxi, China