

The Iowa ACEs and Sleep Cohort and Manipulating Sleep in Young Adults With ACEs Studies

NCT06454344

Status	RECRUITING
Phase	Not Applicable
Sponsor	Nathaniel Jenkins
Enrollment	70 participants

Key Eligibility Criteria

Inclusion (12)

- AIM 1
- years of age
- SBP \leq 129 and DBP \leq 90 mmHg
- Body Mass Index \geq 18.5 kg/m² and \leq 35 kg/m²
- Willing to complete in-home sleep studies

... and 7 more (see full listing online)

Exclusion (42)

- Currently undergoing treatment for a sleep disorder or diagnosed with restless leg syndrome, hypersomnia, parasomnia or narcolepsy, or obstructive sleep apnea
- Currently performing overnight shift work
- Lifetime history of any psychiatric disorder with psychotic features or bipolar disorder, currently undergoing treatment for substance-induced mood disorder
- Endorsed suicidal ideation as indicated by a Moderate or High risk determination on the Columbia Suicide Risk Protocol
- Diagnosed neurological disorder or illness affecting the central nervous system

... and 37 more (see full listing online)

Locations (1 total)

Integrative Laboratory of Applied Physiology and Lifestyle Medicine, Iowa City, Iowa, United States