

# Effect of APA on Sleep Quality in Children With Cancer From 5 to 16 Years

NCT06455592

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<b>Status</b>	RECRUITING
<b>Phase</b>	Not Applicable
<b>Sponsor</b>	University Hospital, Clermont-Ferrand
<b>Enrollment</b>	30 participants

## Key Eligibility Criteria

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### Inclusion (3)

- Children from 5 to 16 with haematological cancer undergoing treatment
- Subjects and their parents who were informed about the study and gave informed consent.
- Enrollment in the Social Security system

### Exclusion (8)

- Children on high-dose corticosteroids
  - Children under anxiolytic treatment
  - Children with sleep disorders (sleep apnea)
  - Children taking melatonin or sleeping pills
  - Contraindication to adapted physical activity
- ... and 3 more (see full listing online)

## Locations (1 total)

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CHU de Clermont-Ferrand, Clermont-Ferrand, France