

Testing Interventions for Borderline Personality Disorder.

NCT06458933

Status	RECRUITING
Phase	Phase 2
Sponsor	York University
Enrollment	304 participants

Key Eligibility Criteria

Inclusion (9)

- Participant with borderline personality disorder (BPD) meets full diagnostic criteria for BPD (i.e., five or more BPD diagnostic criteria per the Diagnostic and Statistical Manual of Mental Disorders-5-TR)
 - Both members are at least 19-years-old
 - Both members consent to study participation
 - Both members consent to a member of the research team contacting one of their provided emergency contacts if there are imminent safety concerns.
 - Both members consent to having assessment interviews and treatment sessions audio- and video-recorded
- ... and 4 more (see full listing online)

Exclusion (8)

- Severe intimate partner violence in their relationship in the past year (Endorsement of severe intimate partner violence items on Conflict Tactics Scale-2)
 - DSM-5 criteria A and B of schizophrenia, not better accounted for by BPD
 - Hospitalization in the past year for mania, or mania in the past three months
 - A substance/alcohol use disorder that is likely to require medical intervention (e.g., detoxification) to reduce use
 - A medical condition that is likely to require hospitalization within the next year
- ... and 3 more (see full listing online)

Locations (1 total)

York University, Toronto, California, Canada