

Comparasion of Autogenic Inhibition and Reciprocal Inhibition Muscle Energy Techniques (METS) in Piriformis Syndrome

NCT06460675

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	32 participants

Key Eligibility Criteria

Inclusion (6)

- Both genders with ages between 25-45 years.
- Patients diagnosed with Piriformis syndrome using the Piriformis FAIR test, Freiberg test, Lasegue test, Beatty test, and pace sign.
- Hip pain with a threshold of NPRS 3-6.
- Limited ROM of Hip Internal Rotation and Abduction measured using a goniometer.
- Buttock pain e 3 months.
- ... and 1 more (see full listing online)

Exclusion (6)

- Hip Degenerative changes.
- History of Trauma or Fracture
- Other Systemic Conditions
- Postural abnormality/deformity
- Diagnosed Psychological Disorders
- ... and 1 more (see full listing online)

Locations (1 total)

IIMCT Railway General Hospital, Rawalpindi, Punjab Province, Pakistan