

Pelvic Floor Rehabilitation of Female Pelvic Floor Dysfunction

NCT06461234

Status RECRUITING
Sponsor Mingfu Wu
Enrollment 1,360 participants

Key Eligibility Criteria

Inclusion (2)

- knowledge of the study, voluntary enrolment in the study, and signing of informed consent;
- postpartum pelvic floor weakness (pelvic floor muscle strength less than grade 3), or mild to moderate pelvic organ prolapse (POP-Q staging less than stage III), or pelvic organ prolapse combined with dysfunction (bowel or bladder dysfunction).

Exclusion (4)

- history of comorbid serious medical or surgical illness;
- comorbid psychiatric disorders;
- contraindications to electrical and magnetic stimulation such as implanted pacemakers;
- pelvic malignancy, acute genitourinary infection or vaginal bleeding, and genital tract malformation.

Locations (1 total)

Tongji hospital, Wuhan, Hubei, China