

Whole Foods for Teens: A Pilot Dietary Intervention to Reduce Body Adiposity in Adolescents With Obesity

NCT06464497

Status	RECRUITING
Phase	Not Applicable
Sponsor	Vanderbilt University
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (19)

- For this study, eligible adolescents will be those that:
- years of age at time of initial screening;
- living at home full-time with the enrolled parent or caregiver (e80% in primary residence);
- obesity defined as a body mass index (BMI) greater than or equal to 95th percentile for age and gender based on standardized CDC growth curves;
- reside within greater Middle Tennessee area and has enrolled parent/caregiver willing to drive to Vanderbilt University and Vanderbilt University Medical Center for study visits;
- ... and 14 more (see full listing online)

Exclusion (14)

- Outside of the specified age range;
- not living in the home of the enrolled parent or caregiver full time (e80% in primary residence);
- BMI less than 95th percentile for age and gender;
- pregnant or lactating;
- no eligible enrolled parent or caregiver or lack of parental/caregiver commitment to participate in study;
- ... and 9 more (see full listing online)

Locations (1 total)

Vanderbilt University School of Nursing, Nashville, Tennessee, United States