

Mama Empoderada: Adapting a Novel Mental Health Prevention Intervention for Migrant Mothers With Young Children

NCT06468046

Status	RECRUITING
Phase	Not Applicable
Sponsor	San Diego State University
Enrollment	92 participants

Key Eligibility Criteria

Inclusion (7)

- Self-identify as a mother to at least one accompanying child <6 years of age
- At least 18 years old
- Migrated to Tijuana from a Latin American country other than Mexico, or born in Mexico and internally displaced
- Able to provide informed consent
- Screen below cut-offs for major depression and anxiety disorder
- ... and 2 more (see full listing online)

Exclusion (7)

- Not a mother or only accompanied by older children (> age 6)
- Less than 18 years of age
- Migrated to Tijuana from region outside of Latin America or non-migrant
- Unable to provide informed consent
- Screen above cut-offs for major depression and anxiety disorders
- ... and 2 more (see full listing online)

Locations (1 total)

Al Otro Lado, Tijuana, Estado de Baja California, Mexico