

Feasibility of a Diet Intervention for Juvenile Arthritis

NCT06474546

Status	RECRUITING
Phase	Not Applicable
Sponsor	The Hospital for Sick Children
Enrollment	54 participants

Key Eligibility Criteria

Inclusion (5)

- Ages 8-18 years
- Diagnosis of JIA (excluding systemic JIA, enthesitis-related arthritis, and rheumatoid factor (RF) positive polyarthritis) as per International League of Associations for Rheumatology (ILAR) criteria. (For this feasibility study, there will be no requirement for any particular level of disease activity.)
- Subjects on stable treatment - i.e., any medical treatment with disease-modifying antirheumatic drugs (DMARDs) and/or systemic or intraarticular corticosteroids, has been unchanged for 8 weeks, and is unlikely to change for 12 weeks as judged by the treating physician.
- Willingness to provide stool samples.
- English or French fluency adequate to answer the study questionnaires, and participate in diet instruction, as judged by the enrolling physician.

Exclusion (2)

- Documented specific food allergies, celiac disease.
- Co-morbidities that might impact the tolerability of the study diet, e.g., type I diabetes, peptic ulcer disease, etc.

Locations (7 total)

University of Manitoba, Winnipeg, Manitoba, Canada
McMaster Children's Hospital, Hamilton, Ontario, Canada
London Health Sciences Centre, London, Ontario, Canada
... and 4 more locations