

Aromatherapy Applied to Intensive Care Nurses Effect on Fatigue and Sleep Quality

NCT06474793

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| Status | RECRUITING |
| Phase | Not Applicable |
| Sponsor | TC Erciyes University |
| Enrollment | 60 participants |

Key Eligibility Criteria

Inclusion (12)

- Not pregnant
- Understands and speaks Turkish
- No hearing or visual impairment
- Without chronic disease
- Not allergic to odors,
- ... and 7 more (see full listing online)

Exclusion (4)

- Those who are allergic to lavender oil,
- Those who are allergic to chamomile oil,
- Those who have a disability in smelling
- Those on annual leave and sick leave,

Locations (1 total)

Kayseri City Hospital, Kayseri, Kocasinan, Turkey (Türkiye)