

Predicting Responses to Exhausting, Prolonged, And Repeated Exercise Demands (PREPARED) for Heat

NCT06475339

Status	RECRUITING
Phase	Not Applicable
Sponsor	State University of New York at Buffalo
Enrollment	24 participants

Key Eligibility Criteria

Inclusion (2)

- Healthy individuals
- Physically active

Exclusion (9)

- History of cardiovascular, metabolic (such as clinical thyroid disease), respiratory, neural, or renal disease
- Hypertensive (systolic blood pressure \geq 139 mmHg, diastolic blood pressure \geq 89 mmHg) or tachycardic (heart rate \geq 100 bpm) during the screening visit
- Taking medications or supplements known to effect physiologic responses to exercise or thermoregulation (e.g., beta blockers, omega-3 fatty acids, statins, aspirin)
- Tobacco or nicotine use currently or in the past six months
- Musculoskeletal injury expected to impact exercise in the protocol
- ... and 4 more (see full listing online)

Locations (1 total)

Center for Research and Education in Special Environments, Buffalo, New York, United States