

Time-restricted Eating Among Pregnant Females With Severe Obesity

NCT06477120

Status	RECRUITING
Phase	Not Applicable
Sponsor	University of Illinois at Chicago
Enrollment	60 participants

Key Eligibility Criteria

Inclusion (9)

- Female based on sex assigned at birth
- Preconception body mass index (BMI) 35.0 - 60 kg/m²
- Singleton pregnancy
- Age 18-44 years old
- ≤ 20 weeks gestational age
- ... and 4 more (see full listing online)

Exclusion (13)

- Deemed medically high risk
- Multiple pregnancy (e.g., twins)
- Type 1 or 2 diabetes mellitus
- Early gestational diabetes (diagnosed at ≤ 17 weeks gestational age through an oral glucose tolerance test)
- Currently eating ≤ 12 hours daily
- ... and 8 more (see full listing online)

Locations (1 total)

University of Illinois at Chicago College of Applied Health Sciences, Chicago, Illinois, United States