

Effect of a Sequence of Specific Manual Therapy Techniques Targeting the Autonomic Nervous System in Healthy Adults

NCT06477822

Status	RECRUITING
Phase	Not Applicable
Sponsor	Universitat Internacional de Catalunya
Enrollment	96 participants

Key Eligibility Criteria

Inclusion (2)

- Provision of informed consent
- Aged between 18-65

Exclusion (4)

- Regular consumption of alcohol or illegal drugs
- Consumption of medications whose effect acts on the autonomic nervous system (cholinergic agonists and antagonists, or adrenergic agonists and antagonists)
- Diagnostic of disease that may affect the activity of the autonomic nervous system or the perception of pain (such as generalized anxiety disorder, fibromyalgia, or chronic fatigue).
- Pregnancy

Locations (1 total)

Universitat Internacional de Catalunya, Sant Cugat del Vallès, Barcelona, Spain