

Brown Fat as Therapeutic Strategy for Obesity and Associated Metabolic Diseases Via Functional Food/Nutraceutical Approach - Molecular Mechanisms of Pentacyclic Triterpenes (BRACE)

NCT06484543

Status	RECRUITING
Phase	Not Applicable
Sponsor	Institute for Human Development and Potential (IHDP), Singapore
Enrollment	50 participants

Key Eligibility Criteria

Inclusion (17)

- Male or Female
- Chinese ethnicity
- Age between 21 to 60 years
- Able to give informed consent
- Body mass index (BMI) between 23 to 32 kg/m²
- Thyroid function test must be within the normal ranges
- ... and 12 more (see full listing online)

Exclusion (18)

- Are pregnant or contemplating pregnancy (for female subjects)
- Partake in sports at the competitive and/ or endurance levels
- Have known glucose-6-phosphate dehydrogenase (G6PD) deficiency
- Have major chronic disease such as heart disease or cancer
- Take insulin or drugs known to affect glucose metabolism
- ... and 13 more (see full listing online)

Locations (1 total)

Singapore Institute of Clinical Sciences, Singapore, Singapore