

Starting Early to Prevent Obesity Using Telehealth (StEP OUT): Intervention Development Trial

NCT06486922

Status	RECRUITING
Phase	Not Applicable
Sponsor	Northwell Health
Enrollment	40 participants

Key Eligibility Criteria

Inclusion (6)

- Pregnant with at least 14 weeks estimated gestational age
- Self-identify as Hispanic/Latinx
- Speak fluent English or Spanish
- At least 18 years of age
- Has a phone or device to participate in video calls
- ... and 1 more (see full listing online)

Exclusion (3)

- Diminished mental capacity
- Serious medical or psychiatric illness
- Serious fetal illness

Locations (1 total)

Long Island Jewish Medical Center, New Hyde Park, New York, United States