

# The Relationship Between Pes Planus, Diaphragm, Postural Control, and Plantar Pressure

NCT06491212

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Alanya Alaaddin Keykubat University
Enrollment	34 participants

## Key Eligibility Criteria

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### Inclusion (10)

- Willing to participate in the study voluntarily
- Having a Navicular drop test value of 10mm or above
- Being between the ages of 18-30
- Having the physical capacity to perform assessments and tests
- Having a body mass index of 18-25 kg/m<sup>2</sup>

... and 5 more (see full listing online)

### Exclusion (9)

- Termination of voluntariness
- Those with rigid flatfoot, pes cavus, hallux valgus, hallux rigidus, or calcaneal spur deformity
- Those with chronic systematic and metabolic diseases (e.g., diabetes mellitus, rheumatoid arthritis, etc.) and musculoskeletal problems (e.g., pes planus) that may affect foot functions and gait
- Those with any surgical history likely to affect balance, lower extremity strength, and postural control
- Those with any visual/vestibular, musculoskeletal, or neurological problems"

... and 4 more (see full listing online)

## Locations (1 total)

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Alanyaaku, Antalya, Alanya, Turkey (Türkiye)