

# Light vs. Moderate Intensity Exercise in Individuals With Myasthenia Gravis

NCT06491238

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Status	RECRUITING
Phase	Not Applicable
Sponsor	HealthPartners Institute
Enrollment	20 participants

## Key Eligibility Criteria

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### Inclusion (4)

- Ability to provide and provision of signed and dated informed consent form.
- Age 18-80
- Diagnosis of generalized MG.
- On a stable MG prescription medication regimen for the last 3 months.

### Exclusion (9)

- Non-English speaking
- Regular exercise participation within the month prior to study enrollment or any outside exercise participation during the study intervention period.
- Significant cognitive impairment of any etiology that would impact study participation.
- History of heart failure, chronic lung disease, angina or any other condition that causes unreasonable shortness of breath on exertion.
- History of any serious neurological, psychiatric, or substance use disorders that would impact study participation.
- ... and 4 more (see full listing online)

## Locations (1 total)

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HealthPartners Neuroscience Center, Saint Paul, Minnesota, United States