

Is Adding Extracorporeal Shock Wave Therapy to Physiotherapy and Corticosteroid Injection Beneficial for Frozen Shoulder

NCT06491745

Status	RECRUITING
Phase	Not Applicable
Sponsor	Shin Kong Wu Ho-Su Memorial Hospital
Enrollment	94 participants

Key Eligibility Criteria

Inclusion (5)

- age between 20 to 80 years old;
- shoulder pain for e 1 month;
- $\geq 30\%$ loss of passive range of motion (ROM) of the affected shoulder in external rotation and/or abduction, comparing with the sound side;
- pain visual analog scale on maximal passive external rotation or abduction ≥ 4 ;
- showing willing to receive ESWT, shoulder joint injection, and attend regular physical therapy programs for 8 weeks.

Exclusion (7)

- severe systemic disorders including cancer, stroke, or cardiopulmonary diseases;
- uncontrolled DM;
- rotator cuff tear or calcification of the affected shoulder;
- fracture, dislocation, or arthritis of the shoulder due to rheumatic disorders;
- a history of drug allergy to local anesthetics or corticosteroids;
- ... and 2 more (see full listing online)

Locations (1 total)

Shin Kong Wu Ho-Su Memorial Hospital, Taipei, Taiwan