

Alcohol Misuse Treatment to Patients Newly Diagnosed With Alcohol-related Liver Disease: a Randomized Controlled Trial

NCT06493773

Status	RECRUITING
Phase	Not Applicable
Sponsor	Zealand University Hospital
Enrollment	221 participants

Key Eligibility Criteria

Inclusion (5)

- Age \geq 18 years
- Newly diagnosed alcohol-related liver disease, defined as within six months from baseline visit.
- A liver stiffness above 8.0 kPa with 10 successful measurements and an interquartile range of less than 30% as assessed with transient elastography.
- Excessive alcohol consumption defined as \geq 7 units/week for women and \geq 14 units/week for men within the previous year.
- The patient is able to understand the purpose of the study and give informed oral and written consent to participate.

Exclusion (3)

- Not enough proficiency in Danish to participate in interviews and questionnaires.
- Pregnancy
- Ongoing specialized AUD treatment. Self-help groups and AUD counselling at general practitioners are not counting as specialized AUD treatment in this study.

Locations (1 total)

Department of Medicine, Zealand University Hospital, Køge, Køge, Denmark