

# Respiratory Rehabilitation Based on Eccentric Exercise on Treadmill After Thoracic Surgery

NCT06493877

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidad Europea de Madrid
Enrollment	57 participants

## Key Eligibility Criteria

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### Inclusion (6)

- Subjects >18 years.
- Thoracic surgery in the previous 75 days
- Present dyspnea grade 2 - 3 on the mMRC scale.
- Cognitive and functional level sufficient to understand, learn and carry out the exercise program.
- Not have contraindications to perform physical training.

... and 1 more (see full listing online)

### Exclusion (7)

- Severe intolerance to exertion due to untreated cardiac arrhythmias, ischemia during low intensity exercise (anginas unstable), severe pulmonary hypertension, heart failure (NYHA III or IV)
- Pulmonary embolism with anticoagulant treatment less than 5 days.
- Recent cardiovascular events such as congestive heart failure, angioplasties or cardiac surgeries of less than four weeks' duration, valvular alterations requiring surgical correction, myopericarditis, ventricular arrhythmias caused by exercise.
- Kidney failure requiring dialysis.
- Patients with uncontrolled bronchospasm due to intrinsic asthma.

... and 2 more (see full listing online)

## Locations (1 total)

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Hospital Universitario Ramon y Cajal, Madrid, Spain