

# Effect of Massage and Hydrotherapy to Improve Well-being and Pain Perception in Endometriosis Patients

NCT06506708

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Universidad de Granada
Enrollment	44 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Pelvic pain during the last 6 months more or equal to 4 in a NRS scale.
- Diagnosed with endometriosis (through surgery, magnetic resonance imaging or ultrasound imaging)
- Premenopausal status
- Be able to walk without assistance and to read and write enough
- Be capable and willing to provide consent

### Exclusion (4)

- Acute or terminal illness
- A recent fracture in any upper or lower extremity (<3 months), disc herniation and any chronic disease or orthopaedic issues that would interfere with her ability to participate in this intervention program
- Express unwillingness to complete the study requirements
- Be involved in other rehabilitation program

## Locations (1 total)

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Francisco Artacho Cordón, Granada, Spain