

# Effects of Pain Neuroscience Education and Standard Rehabilitation Regime in Patients of Carpal Tunnel Syndrome

NCT06509633

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	30 participants

## Key Eligibility Criteria

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### Inclusion (5)

- age between 20\\_40 years old.
- Medical diagnosis of moderate to severe CTS.
- Symptoms of CTS since 1month
- Unilateral or bilateral symptoms
- Availability and access to the hospital.

### Exclusion (4)

- Inability to understand instructions, neurological conditions of the central nervous system (e.g. stroke, spinal cord injury)
- Patients on treatment with alternative therapies
- Previous participation in a research program
- Previous surgery on the affected upper limb

## Locations (1 total)

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Absaar medical center, Lahore, Punjab Province, Pakistan