

# Exercise, Brain Activity, and Weight Maintenance

NCT06511310

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Status	RECRUITING
Phase	Not Applicable
Sponsor	Joslin Diabetes Center
Enrollment	15 participants

## Key Eligibility Criteria

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### Inclusion (5)

- Age 18-70 years
- Body mass index (BMI)  $\geq 19$  kg/m<sup>2</sup> and body weight  $\leq 250$ kg
- Participants must have experienced a clinically significant weight regain, defined as over 10% of their maximum weight lost, within 1 to 5 years following their bariatric surgery. They will be asked to self-report their weight loss history. Participants must also provide the operative report from their bariatric surgery for reference.
- In good general health with no conditions that could influence the outcome of the trial, and in the judgment of the investigator is a good candidate for the study based on review of available medical history, physical examination and clinical laboratory evaluations
- Willing to adhere to the protocol requirements for the duration of the study

### Exclusion (21)

- Type 1 diabetes mellitus
- Peripheral neuropathy with insensate feet
- Recent blood donation within the last 2 months
- Use of beta-blockers
- Current pregnancy or breastfeeding
- ... and 16 more (see full listing online)

## Locations (1 total)

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Joslin Diabetes Center, Boston, Massachusetts, United States