

Comparative Effects of Perturbation and Functional Stabilization Training on Patellofemoral Pain Syndrome

NCT06511362

Status	RECRUITING
Phase	Not Applicable
Sponsor	Riphah International University
Enrollment	26 participants

Key Eligibility Criteria

Inclusion (3)

- Anterior knee pain.
- Age between 15 to 30.
- Pain between 3 to 10 on NPRS.

Exclusion (5)

- patellar fracture.
- Intra-articular pathology(ligamental and meniscal injury of the knee).
- Knee surgery
- Fracture of hip, knee, shin bone and foot
- Vestibular and visual disorders

Locations (1 total)

Pakistan sports board, Lahore, Punjab Province, Pakistan